

## SIGNATURE QUICHES

Our homemade quiches with French pie crust served with side of arugula, grape tomatoes, carrots & our balsamic vinaigrette.

Add: cup of soup \$5.25

<b>QUICHE LORRAINE</b> with turkey bacon	10.75
♥ <b>QUICHE FLORENTINE</b> with spinach and turkey bacon	10.75
🌱 <b>SPINACH RICOTTA QUICHE</b>	10.75
🌱 <b>CARAMELIZED ONION QUICHE</b> with goat cheese	10.75
🌱 <b>MUSHROOM QUICHE</b>	10.75
<b>TURKEY SAUSAGE QUICHE</b>	10.50

**FOR CATERING ORDERS  
OR IN - HOUSE EVENTS  
call us 678.731.9020**

## KIDS MENU

<b>GRILLED CHEESE SANDWICH</b>	6.50
<b>FRESH FRUIT CUP</b>	4.95
<b>PENNE PASTA</b> with choice of parmesan cheese or marinara (add grilled chicken \$4.50)	6.95

♥-favorite 🌱-veggie



**créma**  
espresso gourmet

**Coffee • Cuisine • Comfort**

## BRUNCH

Served all day

<b>CREMA OATMEAL</b> plain or sweetened, served with strawberries or blueberries	5.50
<b>NONFAT GREEK YOGURT</b> strawberries & our homemade granola	6.95
♥ <b>FRENCH STYLE EGG</b> served on spinach wrap or French croissant, Crema omelette, turkey bacon & cheddar cheese	7.50
🌱 <b>EGG SALAD SANDWICH</b> served on multigrain bread with cucumber & fresh arugula	9.50
<b>SUNRISE BREAKFAST</b> Crema omelette, turkey bacon strips served with arugula side salad, home made tuna salad & our balsamic vinaigrette	12.95
<b>NEW YORK STYLE SMOKED SALMON</b> served on toasted plain bagel, cream cheese, red onion, capers, sliced hardboiled egg, lemon & cucumber	10.50
🌱 <b>CHIA PUDDING</b> Made with chia seeds, coconut milk & honey topped with homemade granola and fresh berries	8.95
♥ <b>SUNSHINE AIOLI CROISSANT</b> pesto aioli, sliced hardboiled egg, cucumber, tomatoes, red onion & arugula	7.50
<b>BAGEL SANDWICH</b> Crema omelette & cream cheese	6.95
<b>BAGEL</b> Plain/Everything/Cinnamon Raisin with choice of cream cheese/Butter/Jelly/Nutella	3.45

♥-favorite 🌱-veggie

## SALADS

Add: Grilled Chicken/Sweet Potatoes/Feta/Goat Cheese

Chicken Salad/Egg Salad/Tuna Salad \$4.50

Teriyaki Baked Salmon \$5.95

- 🌱 **STRAWBERRY SPRING** arugula, carrots, walnuts, choice of feta or goat cheese & our Balsamic Vinaigrette 11.50
- 🌱 **GARDEN** chopped romaine lettuce, carrots, cucumber, grape tomatoes & our Italian Vinaigrette 9.50
- BAKED SALMON** chopped romaine lettuce, cucumber, grape tomatoes, red onion, kalamata olives, capers, sliced lemon, teriyaki baked salmon & our Lemon Vinaigrette 13.95
- 🌱 **FARMER GOAT CHEESE** chopped romaine lettuce, fresh arugula, raisins, mixed nuts, sweet potatoes, basil pesto & our Italian Vinaigrette 12.95
- 🌱 **GREEK** chopped romaine lettuce, cucumber, carrots, grape tomatoes, red onion, crumbled feta cheese, kalamata olives & our Italian Vinaigrette 10.95
- 🌱 **QUINOA & ARUGULA** green peas, chickpeas, almonds, raisins & our Lemon Vinaigrette 10.50
- 🌱 **CAESAR** chopped romaine lettuce, parmesan cheese, croutons & Caesar Dressing 9.50
- 🌱 **HALF SALAD** choice of Garden or Caesar 6.50

### PICK ANY 2

Half sandwich/Cup of soup/  
Half salad (Garden or Caesar)  
10.50

### TOMATO BASIL SOUP OR SOUP OF THE DAY

cup 5.75 bowl 6.95

♥-favorite

🌱-veggie

## SANDWICHES

Add: choice of bottled water/soda can  
and a bag of chips for \$2.50

- ♥ **SIGNATURE CHICKEN SALAD** with almonds served on a French croissant & grape tomatoes 9.50
- GRILLED CHICKEN** served on Rosemary Focaccia, with pesto aioli, roasted bell peppers & Italian parsley 10.50
- 🌱 **ISRAELI CIABATTA** served on an Italian ciabatta roll with hummus spread, Crème omelette, tomatoes, pickles & arugula 9.75
- CLASSIC TUNA SALAD** served on multigrain bread, with capers, red onion & tomatoes 9.75
- ♥ **FRENCH ROAST BEEF** served on an Italian ciabatta roll, with garlic aioli, red onion, pickles, tomatoes & arugula 11.50
- TURKEY CLUB WRAP** served on a whole wheat tortilla, with pesto aioli, turkey bacon, smoked turkey breast, tomatoes & arugula 9.75
- 🌱 **TUSCAN ANTIPASTI** served on multigrain bread, with basil pesto, grilled zucchini, bell peppers & eggplant (add omelette \$2.50) 9.50
- 🌱 **PESTO, MOZZARELLA & TOMATO PANINI** served on ciabatta with red onions, kalamata olives & fresh basil 9.75

## ITALIAN PASTAS / LASAGNA

Add Half salad: choice of Garden or Caesar \$5.95

- RAGU LASAGNA** 11.50
- 🌱 **BASIL PESTO BOWTIE** (add grilled chicken \$4.50) 9.50
- 🌱 **CREAMY ROSE PASTA** (add grilled chicken \$4.50) 9.50

♥-favorite

🌱-veggie